



PhD meeting December 9

THIS MEETING WILL HAVE TWO MAIN PARTS. First, before lunch *Petra Lindfors* (Department of Psychology, Stockholm University) and *Erik Berntson* (Department of Psychology, Stockholm University) will lead a journal club and an interdisciplinary workshop. Two articles are included in the journal club. With stress being an important topic within the Stockholm Stress Center and the research school, it is central to discuss the stress concept, what it includes and how it can be investigated. This time the journal club will discuss two articles that approach the stress concept from a psychophysiological perspective but also include psychosocial factors. In addition to discussing the content of the papers, the journal club sets out to relate the content of these articles to your own research and to discuss your view of stress with that of your peers. The seminar will also include a workshop focusing on various stress models. The workshop aims to discuss and develop a model of causes, effects and mechanisms of stress, based on the literature, your own work and conceptualizations of stress.

THE SECOND PART OF THE MEETING includes Mo Wang's half time seminar. *Mo Wang* is a doctoral student at the Section of Insurance Medicine, Department of Clinical Neuroscience, Karolinska institutet. Mo Wang is supervised by *Ellenor Mittendorfer-Rutz*, *Kristina Alexandersson* and *Bo Runesson*. She will have a presentation of her thesis (half time) entitled **"Is sickness absence associated with subsequent psychiatric morbidity and suicidal behavior?"**

More info could be found here: <http://bit.ly/1cmUcF0>

Location: Karolinska institute, Section of Insurance Medicine, Karolinska Institutet.

Address: Berzelius väg 3, plan 6. KI, Campus Solna

Registration: Please register at the latest 27/11 by e-mailing erik.berntson@psychology.su.se

This time all participants will have to get and pay for their own lunch. There are different restaurants and cafes at the Karolinska campus.

PRELIMINARY SCHEDULE

MONDAY DECEMBER 9TH

0900	Introduction
0915	Journal club and interdisciplinary workshop
1030	Coffee break
1100	Journal club and interdisciplinary workshop (continued)
1215	Lunch
1330	Half time seminar Mo Wang

The meeting is scheduled to end approximately at 1530.

ARTICLES FOR THE JOURNAL CLUB:

McEwen, B. M. (1998). Protective and damaging effects of stress mediators. *The New England Journal of Medicine*, 338(3), 171-179.

Steptoe, A. & Marmot, M. (2003). Burden of psychosocial adversity and vulnerability in middle age: associations with biobehavioral risk factors and quality of life. *Psychosomatic Medicine*, 65(6), 1029-1037.

THE STOCKHOLM STRESS CENTER INTERDISCIPLINARY GRADUATE SCHOOL ON WORK, STRESS, HEALTH AND PERFORMANCE is hosted by Stockholm Stress Center (SSC) with the FAS centers of excellence The Body at Work – from Problem to Potential at the Centre for Musculoskeletal Research (CBF), University of Gävle and Centre for Health Equity Studies (CHESS) at Stockholm University/Karolinska Institutet acting as partners.